# 2024 Health Examination (Ichigaya)

\* Exclusively for Ichigaya Campus (incl. IGESS 1st year) students (not applicable to Tama / Koganei Campuses)

#### 1. Health Examination Schedule

Reception	4/1 (Mon)	4/2 (Tue)	4/3 (Wed)	4/4 (Thu)	4/5 (Fri)
Date and Time					
(A.M.)	4 <sup>th</sup> ( Letters / GIS )	3 <sup>rd</sup> (Law)	2 <sup>nd</sup> ( Letters / GIS )	1 <sup>st</sup> (Letters / GIS)	1 <sup>st</sup> (Engineering &
9:15 ~ 10:20					Design)
					3 <sup>rd</sup> (CD)
	2 <sup>nd</sup> (Intercultural	4 <sup>th</sup> (Business	3 <sup>rd</sup> (Business	1st ( Law : Department	1 <sup>st</sup> (Intercultural
(A.M.)	Communication /	Administration )	Administration)	of Political Science/	Communication /
10:20 ~ 11:30	Sustainability Studies)	,	,	Global Politics)	Sustainability Studies )
				2 <sup>nd</sup> (Engineering &	,
				Design )	
Out of Hours					
(P.M.)	3 <sup>rd</sup> ( Letters / GIS )	2 <sup>nd</sup> (Law)	2 <sup>nd</sup> (Business	3 <sup>rd</sup> (Intercultural	1 <sup>st</sup> (CD)
1:15 ~ 2:45			Administration)	Communication /	3 <sup>rd</sup> (Engineering &
			,	Sustainability Studies )	Design)
	4 <sup>th</sup> (Law / Engineering	4 <sup>th</sup> ( CD )	1st (Business	1st ( Law : Department	4 <sup>th</sup> (Intercultural
(P.M.)	& Design )	Graduate (Master)	Administration	of Law )	Communication /
2:45 ~ 4:30	Graduate ( Doctor )		/IGESS )	2 <sup>nd</sup> (CD)	Sustainability Studies )
	, , , ,		,		Graduate
					(Professionals)

- **XIn principal, please take the examination on the specified dates and hours.**
- \*Anyone unable to attend on the designated dates due to unavoidable reasons, may attend on one of the above dates.
- \*For correspondence course and non-regular students (e.g. credited auditors, research students): 2,500yen charge applies.
  - ◆Dates: April 1st (Mon.) 2nd (Tue.) 3rd (Wed.) 4th (Thu.) 9:30~11:00, 13:30~15:00
  - ◆Reception: Health Services Section (Boissonade Tower, 2F)
- 2. Reception / Location

Ouchiyama Bldg. 4F (regardless of gender)

3. Hours and dates

April 1<sup>st</sup> (Mon), 2<sup>nd</sup> (Tue), 3<sup>rd</sup> (Wed), 4<sup>th</sup> (Thu), 5<sup>th</sup> (Fri) 9:15 ~ 11:30, 13:15 ~ 17:00(The reception on the  $\frac{5^{th}}{Fri}$ ) will be closed at 16:00.)

- 4. What to bring on the day
  - 1) <u>Student ID card</u> (or something that shows your student ID number. If your student number cannot be confirmed, you will not be allowed to take the health examination.)
  - \*The new first-year student and have not been given your student ID card before the health check, please present your student ID number through the admission procedure system.
  - 2) HB pencil or Mechanical pencil, Eraser
  - 3) Plain T-shirt (\* Used when taking chest X-rays)
  - 4) \*Glasses/Contact lenses (if you usually wear them: bring or wear them)
    - \*4th year, graduate and professional school students only

## 5. Medical checkup contents

$1^{st}/2^{nd}/3^{rd}$ year students	Chest X-ray, height/weight, physical examination
4 <sup>th</sup> year/graduate	Chest X-ray, height/weight, physical examination, eyesight

<sup>\*</sup> Male and female students will be examined in separate areas. Partial disrobing will be required for some tests.

#### 6. Notes

- 1) It is strongly recommended that students planning to take a Health and Physical Education Field Class undergo the health examination.
- 2) "Medical checkup contents" should be taken in the grade on the day of the examination.

<sup>\*</sup> You can consult regarding the health examination (e.g., individual support) in advance if necessary. Please contact us using the contact information below.

- 3) Anyone not undergoing the 2024 health examination at the university or missing any of its contents will not be issued the "health certificate" that may be necessary for job hunting, participation in practical training, and other procedures.
- 4) For the chest X-ray, wear clothes that you can easily change(\*one-piece dress is unsuitable) and underwear without buttons or metal parts.
  - Remove any necklaces and magnetic therapy devices and tie up hair away from the back.
- 5) Please turn off your cellular phones or set them to silent during the checkup at the site.
- 6) No locker facilities are available; you must take responsibility for your own belongings. Don't bring any valuables.

## 7. Contact

- ♦ Inquiries regarding consideration consultation: HOSEI University Clinic, Tel. 03-3264-9503
- ♦ Other inquiries regarding health examination: Health Services Section, HOSEI University Tel. 03-3264-9501



※Annual schedule: click 

→ <a href="https://www.hosei.ac.jp/campuslife/support/kenko\_sodan/kenko/">https://www.hosei.ac.jp/campuslife/support/kenko\_sodan/kenko/</a>