

2026 Health Examination (Tama)

【Economics • Social Sciences • Social Policy and Administration • Sports and Health Studies • Graduate】

Date	Spring Semester 2026 • Faculty	Class	Time	Reception
4/2(Thu)	4 th (Social Sciences)	A~G	09 : 30~10 : 00	Building No. 9 (Faculty of Economics B Building) Room 112 ※Non-regular students (e.g. credited auditors) Building No. 1 (All-purpose Building) 1F Tama Clinic
		H~O	09 : 50~10 : 30	
		P~V	10 : 10~10 : 40	
	4 th (Social Policy and Administration)	All	10 : 20~11 : 00	
		Lunch Break	11 : 30~12 : 30	
		2 nd (Economics)	A~G	
	H~M		12 : 50~13 : 20	
	N~S		13 : 10~13 : 50	
	T~Z		13 : 40~14 : 20	
	1 st (Social Policy and Administration)	All	14 : 10~14 : 50	
	2 nd (Sports and Health Studies)	All	14 : 10~14 : 50	
	2 nd (Social Sciences)	A~G	14 : 40~15 : 10	
		H~O	15 : 00~15 : 40	
		P~V	15 : 30~16 : 00	
4/3 (Fri)	4 th (Economics)	A~G	09 : 30~10 : 00	
		H~M	09 : 50~10 : 20	
		N~S	10 : 10~10 : 40	
		T~Z	10 : 20~11 : 00	
		Lunch Break	11 : 30~12 : 30	
	4 th (Sports and Health Studies)	All	12 : 30~13 : 00	
		3 rd (Economics)	A~G	12 : 50~13 : 20
			H~M	13 : 10~13 : 40
	N~S		13 : 30~14 : 00	
	T~Z		13 : 50~14 : 30	
	3 rd (Social Policy and Administration)	All	14 : 20~14 : 50	
	3 rd (Sports and Health Studies)	All	14 : 20~14 : 50	
	3 rd (Social Sciences)	A~G	14 : 40~15 : 10	
		H~O	15 : 00~15 : 40	
P~V		15 : 30~16 : 00		
4/6 (Mon)	1 st (Economics)	A~G	09 : 30~10 : 00	
		H~M	09 : 50~10 : 20	
		N~S	10 : 10~10 : 40	
		T~Z	10 : 20~11 : 00	
	Graduate	Lunch Break	11 : 30~12 : 30	
		All	12 : 30~13 : 00	
		1 st (Social Sciences)	A~G	12 : 50~13 : 40
	H~K		13 : 30~14 : 10	
	L~O		14 : 00~14 : 40	
	Q~V		14 : 30~15 : 20	
	2 nd (Social Policy and Administration)	All	15 : 10~16 : 00	
	1 st (Sports and Health Studies)	All	15 : 10~16 : 00	

< Medical checkup contents >

1 st year students	Chest X-ray, height/weight, physical examination
2 nd / 3 rd year students	Chest X-ray, height/weight, physical examination
4 th year students • Graduate students Non-regular students (e.g. credited auditors)	Chest X-ray, height/weight, physical examination, eyesight

< Notes >

1. Anyone unable to attend on the designated dates due to unavoidable reasons, may attend on one of the above dates.
(You cannot take the examination at Ichigaya / Koganei Campuses. 1st year students who belong to IGESS should take the examination at Ichigaya Campus.)
2. If you repeated a year, you should see the doctor in the grade in which you were held back.
3. What to bring on the day
 - 1) Student ID card (or something that shows your student ID number. If your student number cannot be confirmed, you will not be allowed to take the health examination.)
 - 2) HB pencil or Mechanical pencil, Eraser
 - 3) Plain T-shirt (* Used when taking chest X-rays)
 - 4) *Glasses/Contact lenses (if you usually wear them: bring or wear them) ***4th year and graduate school students only**
4. For the chest X-ray, wear clothes that you can easily change (* one-piece dress is unsuitable) and underwear without buttons or metal parts. Remove any necklaces and magnetic therapy devices and tie up hair away from the back.
5. No locker facilities are available; you must take responsibility for your own belongings. Don't bring any valuables.
6. It is strongly recommended that students planning to take a Health and Physical Education Field Class undergo the health examination.
7. Anyone not undergoing the 2026 health examination at the university or missing any of its contents will not be issued the "health certificate" that may be necessary for job hunting, participation in practical training, and other procedures.

【Inquiries regarding consideration consultation】 HOSEI University Tama Clinic, TEL 042-783-2161