

# 2026 Annual Health Examination (Ichigaya)

\* Exclusively for Ichigaya Campus (incl. IGESS 1<sup>st</sup> year) students (not applicable to Tama / Koganei Campuses)

## 1. Health Examination Schedule ( Undergraduate and Graduate Students )

Reception Date and Time	4/1 (Wed)	4/2 (Thu)	4/3 (Fri)	4/4 (Sat)	4/6 (Mon)
9:15 AM — 10:20 AM	4 <sup>th</sup> ( Letters / Engineering & Design )	3 <sup>rd</sup> ( Letters )	2 <sup>nd</sup> ( Sustainability Studies ) Graduate ( Master / Doctor / Professional )	1 <sup>st</sup> ( Letters )	1 <sup>st</sup> ( Law )
10:20 AM — 11:30 AM	4 <sup>th</sup> ( Intercultural Communication / Sustainability Studies / GIS )	4 <sup>th</sup> ( Business Administration / CD )	3 <sup>rd</sup> ( Law / GIS )	1 <sup>st</sup> ( Engineering & Design )	1 <sup>st</sup> ( GIS / IGESS )
Out of Hours					
1:15 PM — 2:45 PM	3 <sup>rd</sup> ( Business Administration / CD / Engineering & Design )	2 <sup>nd</sup> ( Business Administration / CD )	3 <sup>rd</sup> ( Sustainability Studies / Intercultural Communication ) 2 <sup>nd</sup> ( Engineering & Design )	1 <sup>st</sup> ( Business Administration )	1 <sup>st</sup> ( Sustainability Studies )
2:45 PM — 4:30 PM *Apr 6(Mon): Until 4:00 PM	2 <sup>nd</sup> ( Letters )	4 <sup>th</sup> ( Law )	2 <sup>nd</sup> ( Law / GIS / Intercultural Communication )	1 <sup>st</sup> ( CD )	1 <sup>st</sup> ( Intercultural Communication )

※ Congestion is expected on April 4<sup>th</sup> (Sat.) and 6<sup>th</sup> (Mon.).

**In principle, please take the examination on the specified dates and hours.**

※ Anyone unable to attend on the designated dates due to unavoidable reasons, may attend on one of the above dates.

※ For correspondence education and non-regular students. ➡ See **“7. Correspondence Education and Non-Regular Students (e.g. credited auditors, research students)”**.

## 2. Reception / Location

**Ouchiya Bldg. 4F (regardless of gender)**

## 3. Hours and dates

**April 1<sup>st</sup> (Wed.), 2<sup>nd</sup> (Thu.), 3<sup>rd</sup> (Fri.), 4<sup>th</sup> (Sat.), 6<sup>th</sup> (Mon.)**

**9:15 ~ 11:30a.m., 1:15 ~ 4:30p.m. (The reception on the 6<sup>th</sup> (Mon.) will be closed at 4:00p.m.)**

## 4. What to bring on the day

**1) Student ID card** (or something that shows your student ID number. If your student number cannot be confirmed, you will not be allowed to take the health examination.)

※ If you are a new first-year student and have not yet received your student ID card before the health check, please present your student ID number through the admission procedure system.

**2) HB pencil or Mechanical pencil, Eraser**

**3) Plain T-shirt** (\* Used when taking chest X-rays)

**4) \*Glasses/Contact lenses** (if you usually wear them: bring or wear them)

\*4<sup>th</sup> year, graduate and professional school students only

**5) Mask**

## 5. Medical checkup contents

1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup> year students	Chest X-ray, height/weight, physical examination
4 <sup>th</sup> year/graduate	Chest X-ray, height/weight, physical examination, eyesight

\* Male and Female students will be examined in separate areas. Partial disrobing will be required for some tests.

## 6. Notes

- 1) It is strongly recommended that students planning to take a Health and Physical Education Field Class undergo the health examination.
- 2) “Medical checkup contents” should be taken in the grade on the day of the examination.
- 3) Anyone not undergoing the 2026 health examination at the university or missing any of its contents will not be issued the “health certificate” that may be necessary for job hunting, participation in practical training, and other procedures.
- 4) For the chest X-ray, wear clothes that you can easily change( \*one-piece dress is unsuitable) and underwear without buttons or metal parts.  
Remove any necklaces and magnetic therapy devices and tie up hair away from the back.
- 5) Please turn off your smartphones or set them to silent during the health examination at the site.
- 6) **No locker facilities are available; you must take responsibility for your own belongings. Don't bring any valuables.**
- 7) Health checkups will be conducted at gender-separated venues. Some private changing spaces separated by partitions are available within the changing rooms.

## 7. Correspondence Education and Non-Regular Students (e.g. credited auditors, research students)

◆Reception: **Health Services Section ( Boissonade Tower, 2F )**

◆Dates & Time: **April 1<sup>st</sup> (Wed.) • 2<sup>nd</sup> (Thu.) • 3<sup>rd</sup> (Fri.) • 4<sup>th</sup> (Sat.) 9:30~11:00a.m., 1:30~3:00p.m.**

◆Fee: **2,500yen**

※**Cash payments are not accepted.**

Payment is accepted by electronic methods only (Credit Cards, QR-code payments, Transportation IC Cards).

## 8. Reasonable Accommodations

If you require accommodations due to a disability, gender dysphoria / gender transition, or other reasons and cannot attend at the designated date, time, or location, please contact the “HOSEI University Clinic (Ichigaya Clinic)” listed below in advance.

## 9. Contact

◆**Contact for reasonable accommodations: HOSEI University Clinic, Tel. 03-3264-9503**

◆**Other inquiries regarding health examination: Health Services Section, HOSEI University  
Tel. 03-3264-9501**

※ For more information, please refer to the Hosei University website.

URL: [https://www.hosei.ac.jp/campuslife/support/kenko\\_sodan/kenko/](https://www.hosei.ac.jp/campuslife/support/kenko_sodan/kenko/)



※ Hosei University has a Diversity, Equity & Inclusion (DEI) Center, which provides consultation services regarding gender and gender identity. For more information, please refer to the Hosei University website.

URL: <https://www.hosei.ac.jp/diversity/dei/riyo/kobetsu/>

