2025 Health Examination (Ichigaya)

* Exclusively for Ichigaya Campus (incl. IGESS 1st year) students (not applicable to Tama / Koganei Campuses)

Request for infection control measures

- ① We take your body temperature. If your body temperature is 37.5℃ (99.5°F) or over, will not be allowed to take the health checkup.
- **②** Please keep wearing a mask during the checkup at the site.
- **③** Before entering the reception room, please disinfect your hands with alcohol sanitizer.
- *For infection prevention, we may leave windows open for a while to promote ventilation in the room.
- * If you have had cold symptoms such as fever, cough, sore throat, diarrhea, nausea, strong fatigue or feel loss of sense of taste or smell, or you are concerned about your physical condition, please prioritize medical treatment.

1. Health Examination Schedule

1. Health End						
Reception	4/1 (Tue)	4/2 (Wed)	4/3 (Thu)	4/4 (Fri)	4/5 (Sat)	
Date and Time						
(A.M.)	4 th (Business	3 rd (Law)	2 nd (Letters)	1 st (Business	1 st (CD /	
9:15 ~ 10:20	Administration)		Graduate(Professionals)	Administration)	Engineering & Design)	
	2 nd (Intercultural	4 th (Letters / GIS)	3 rd (Business	1 st (Law : Department	1 st (Intercultural	
(A.M.)	Communication /		Administration/ GIS)	of Political Science/	Communication /	
10:20 ~ 11:30	Sustainability Studies)			Global Politics)	Sustainability Studies)	
				2 nd (Engineering &		
				Design)		
Out of Hours						
(P.M.)	4 th (Law /	2 nd (Law / GIS)	$4^{th}(CD)$	3 rd (Intercultural	3 rd (CD /	
1:15 ~ 2:45	Engineering & Design)		Graduate (Master)	Communication /	Engineering & Design)	
	Graduate (Doctor)			Sustainability Studies)		
		4 th (Intercultural	2 nd (Business	1 st (Law : Department	1 st (Letters / GIS)	
(P.M.)	3 rd (Letters)	Communication /	N N N N N N N N N N N N N N N N N N N	· ·	()	
		Sustainability Studies))			
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(P.M.) 2:45 ~ 4:30	Graduate (Doctor) 3 rd (Letters)	4 th (Intercultural Communication / Sustainability Studies)	2 nd (Business Administration)	Sustainability Studies) 1 st (Law : Department of Law / IGESS) 2 nd (CD)	1 st (Letters / GIS)	

*Congestion will be expected on April 4th (Fri.) and 5th (Sat.).

In principal, please take the examination on the specified dates and hours.

** Anyone unable to attend on the designated dates due to unavoidable reasons, may attend on one of the above dates. ** For correspondence course and non-regular students (e.g. credited auditors, research students): **2,500**yen charge applies.

- ◆Dates: April 1st (Tue.) 2nd (Wed.) 3rd (Thu.) 4th (Fri.) 9:30~11:00, 13:30~15:00
- ♦Reception: <u>Health Services Section</u> (Boissonade Tower, 2F)

2. Reception / Location

Ouchiyama Bldg. 4F (regardless of gender)

3. Hours and dates

April 1st (Tue.), 2nd (Wed.), 3rd (Thu.), 4th (Fri.), 5th (Sat.) 9:15 ~ 11:30, 13:15 ~ 16:30(The reception on the <u>5th (Sat.) will be closed at 16:00.</u>)

4. What to bring on the day

- 1) <u>Student ID card</u> (or something that shows your student ID number. If your student number cannot be confirmed, you will not be allowed to take the health examination.)
- % The new first-year student and have not been given your student ID card before the health check, please present your student ID number through the admission procedure system.

2) HB pencil or Mechanical pencil, Eraser

- **3) Plain T-shirt** (* Used when taking chest X-rays)
- 4) *Glasses/Contact lenses (if you usually wear them: bring or wear them)
- *4th year, graduate and professional school students only
- 5) Mask

5. Medical checkup contents

$1^{st}/2^{nd}/3^{rd}$ year students	Chest X-ray, height/weight, physical examination	
4 th year/graduate	Chest X-ray, height/weight, physical examination, eyesight	

* Male and female students will be examined in separate areas. Partial disrobing will be required for some tests.

* You can consult regarding the health examination (e.g., individual support) in advance if necessary.

6. Notes

- 1) It is strongly recommended that students planning to take a Health and Physical Education Field Class undergo the health examination.
- 2) "Medical checkup contents" should be taken in the grade on the day of the examination.
- 3) Anyone not undergoing the 2025 health examination at the university or missing any of its contents will not be issued the "health certificate" that may be necessary for job hunting, participation in practical training, and other procedures.
- 4) For the chest X-ray, wear clothes that you can easily change(*one-piece dress is unsuitable) and underwear without buttons or metal parts.
 - Remove any necklaces and magnetic therapy devices and tie up hair away from the back.
- 5) Please turn off your cellular phones or set them to silent during the checkup at the site.
- 6) No locker facilities are available; you must take responsibility for your own belongings. <u>Don't bring any valuables.</u>

7. Contact

 Inquiries regarding consideration consultation: HOSEI University Clinic, Tel. 03-3264-9503
Other inquiries regarding health examination: Health Services Section, HOSEI University Tel. 03-3264-9501



 $% Annual schedule: click \Rightarrow <u>https://www.hosei.ac.jp/campuslife/support/kenko_sodan/kenko/</u>$

Please contact us using the contact information below.