

2023 Health Examination (Ichigaya)

* Exclusively for Ichigaya Campus (incl. IGESS 1st year) students (not applicable to Tama/Koganei Campuses)

★Dates : April 1st(Sat.) • 3rd(Mon.) • 4th(Tue.) • 5th(Wed.) • 6th (Thur.)

★Hours : 9:15- 12:00, 13:15-17:00 (* The reception on the 6th(Thur.) will be closed at 16:00.)

★Reception : Ouchiyama Bldg. 4F (regardless of gender)

※For correspondence course and non-regular students (e.g. credited auditors, research students): 2,500yen charge applies.

◆Dates: April 1st(Sat.) • 3rd(Mon.) • 4th(Tue.) • 5th(Wed.) 9:30-15:00

◆ Reception: Health Services Section (Boissonade Tower, 2F)

For congestion mitigation, the reception hours will be as shown in attached table depending on the affiliation (faculty, department, grade, class)

In principal, please take the examination on the specified dates and hours.

※Anyone unable to attend on the designated dates due to unavoidable reasons, may attend on one of the above dates.

In view of the situation, please cooperate about the following matter for preventive measure against"COVID-19".

① We take your body temperature. If your body temperature is 37.5°C (99.5°F) or over, will not be allowed to take the health checkup.

② Please keep wearing a mask during the checkup at the site.

③ Before entering the reception room, please disinfect your hands with alcohol sanitizer.

* For infection prevention, we may leave windows open for a while to promote ventilation in the room.

* If you have had cold symptoms such as fever, cough, sore throat, diarrhea, nausea, strong fatigue or feel loss of sense of taste or smell, or you are concerned about your physical condition, please prioritize medical treatment.

<What to bring on the day>

***To prevent the spread of infection, please refrain from sharing items.**

1) Student ID card (or something that shows your student ID number. If your student number cannot be confirmed, you will not be allowed to take the health examination).

2) HB pencil or Mechanical pencil, Eraser 3) Mask

4) Plain T-shirt (*Since can not rent out a " gown " (for X-ray or physical examination) to prevent infection, please bring one who cares and needs it.)

5) *Glasses/Contact lenses (if you usually wear them: (if you usually wear them: bring or wear them)
*4th year, graduate and professional school students only

<Medical checkup contents>

*Annual schedule: click ⇒ https://www.hosei.ac.jp/campuslife/support/kenko_sodan/kenko/

1 st year students	Chest X-ray, height/weight, physical examination
2 nd year students	Chest X-ray, height/weight, physical examination
3 rd year students	Chest X-ray, height/weight, physical examination
4 th year/graduate and non-regular students	Chest X-ray, height/weight, physical examination, eyesight

* Male and female students will be examined in separate areas. Partial disrobing will be required for some tests.

* You can consult regarding the health examination (e.g., individual support) in advance if necessary.

Contact: HOSEI University Clinic, 03-3264-9503, Boissonade Tower, 2F)

<Notes>

☆It is strongly recommended that students planning to take a Health and Physical Education Field Class undergo the health examination.

☆"Medical checkup contents" should be taken in the grade on the day of the examination.

☆Anyone not undergoing the 2023 health examination at the university or missing any of its contents will not be issued the "health certificate" that may be necessary for job hunting, participation in practical training, and other procedures.

☆For the chest X-ray, wear clothes that you can easily change(*one-piece dress is unsuitable) and underwear without buttons or metal parts.

Remove any necklaces and magnetic therapy devices and tie up hair away from the back.

☆No locker facilities are available; **you must take responsibility for your own belongings. Don't bring any valuables.**

☆Please turn off your cellular phones or set them to silent during the checkup at the site.

Any questions? Contact us: Health Services Section, HOSEI University (Tel.: 03-3264-9501)